

SOOKE MEALS ON WHEELS MENU

Menu subject to change

JULY 2026

Su	Monday	Tue	Wednesday	Thu	Friday	Sat
			1 Soup Ground Beef Poutine Vegetables Dessert	2	3 Soup Butter Chicken Vegetables Dessert	4
5	6 Soup Pork Loin Vegetables Dessert	7	8 Soup Beef Stroganoff Vegetables Dessert	9	10 French Onion Soup Chicken Cacciatore Vegetables Dessert	11
11	Lentil Vegetable Soup Pasta Casserole and Sausage Vegetables Dessert	14	15 Soup Shake and Bake Chicken Vegetables Dessert	16	17 Soup Chili Vegetables Dessert	18
19	20 Soup Encrusted White Fish Vegetables Dessert	21	22 Soup Salad Plate Vegetables Dessert	23	24 Clam Chowder Cabbage Roll Casserole Vegetables Dessert	25
26	27 Cream of Mushroom Soup Vegetarian Shepherds Pie Vegetables Dessert	28	29 Soup Chefs Choice Vegetables Dessert	30	31 Soup Chef's Choice Vegetables Dessert	