

SOOKE MEALS ON WHEELS MENU

Menu subject to change

SEPTEMBER 2026

Su	Monday	Tue	Wednesday	Thu	Friday	Sat
		1	2 Soup Fish Fillets Vegetables Dessert	3	4 Soup Creamy Chicken Pesto Pasta Vegetables Dessert	5
6	7 Soup Pork Loin Vegetables Dessert	8	9 Soup Shake and Bake Chicken Vegetables Dessert	10	11 French Onion Soup Beef-a-Roni Vegetables Dessert	12
13	14 Soup Pasta Casserole and Sausage Vegetables Dessert	15	16 Soup Chinese Stir Fry Vegetables Dessert	17	18 Soup Chili Vegetables Dessert	19
20	21 Soup Encrusted White Fish Vegetables Dessert	22	23 Soup Roast Pork Vegetables Dessert	24	25 Clam Chowder Honey Soy Chicken Vegetables Dessert	26
27	28 Soup Sweet and Sour Meatballs & Rice Vegetables Dessert	29	30 Soup Chefs Choice Vegetables Dessert	31		